ATLANTA DENTAL SPA®
THE DENTAL EXPERIENCE

COSMETIC

DR. SHIVEN GANDHI · DMD, FICOI

Esthetic Crown Lengthening

Some teeth are a healthy, normal size but partly hidden under the gums, so they look short or square and the smile looks "gummy." Reshaping the gum line, and sometimes a little bone, reveals the tooth that is already there.



PERFORMED BY
Dr. Shiven Gandhi
Cosmetic & implant dentist

VISITS	COMFORT	APPROACH
ONE TO TWO	LOCAL ANESTHETIC	SURGICAL



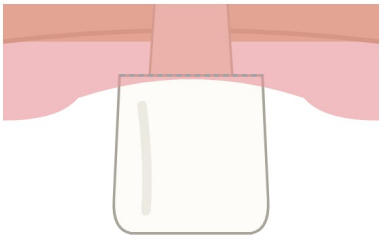


IS IT RIGHT FOR ME?

– You see a lot of gum when you smile.
– Your gum line is uneven tooth to tooth.
– Your teeth look short, square, or boxy.
– You want the best frame for veneers.

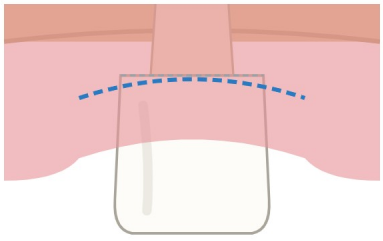
WHY SOME SMILES SHOW MORE GUM

As adult teeth grow in, the tooth should push fully into place, then the gums and bone "step back" to settle just above the enamel. When one step doesn't finish, extra gum stays over the tooth, and **which step stalled** decides how Dr. Gandhi fixes it: gum only, or gum and bone together.



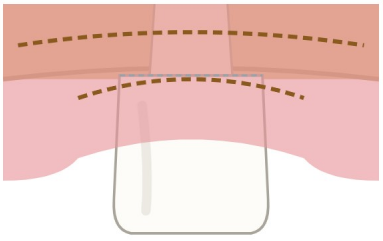
A Healthy proportions
Gum sits just over the edge of the enamel. Bone sits a small, steady distance above it.

NOTHING TO CHANGE



B The gums didn't step back
The tooth came in fully and the bone is right where it belongs. Extra gum simply stayed draped over the tooth.

FIX: LASER, GUM ONLY



C The tooth stopped short
The tooth didn't finish coming down, so the bone sits too close to the enamel. Trimming gum alone would let it grow back.

FIX: GUM + BONE

Gum · Bone · Tooth enamel · ----- Where enamel ends

ATLANTA DENTAL SPA · HIGHLANDS
664 N Highland Ave NE, Atlanta, GA 30306 · Call/Text (404) 418-7445 · atlantadentalspa.com

This guide is general information and does not replace the instructions given to you by your provider.

Two Ways to Reveal Your Smile

At your consultation, Dr. Gandhi measures, tooth by tooth, where the bone sits beneath your gums. That one measurement tells us which path is right for you.

WHY NOT JUST TRIM THE GUM?

Your body keeps a small, set cushion of gum attached above the bone, like a built-in safety zone. If the bone is too close to the enamel, gum that is trimmed away simply grows back to fill that zone. Gently reshaping the bone gives the new gum line room to stay where Dr. Gandhi places it.

	LASER GINGIVECTOMY	CROWN LENGTHENING
Best for	Gums that didn't step back (diagram B)	Teeth that stopped short (diagram C)
What is reshaped	Gum only. The bone is already in the right place.	Gum, plus a small amount of bone.
How it's done	A dental laser gently sculpts the gum line.	A minor surgical procedure to reach and smooth the bone.
Stitches	Usually none. The laser seals as it works.	Yes, removed at about two weeks.
Recovery	Typically mild tenderness for a day or two.	Mild swelling and tenderness for a few days.
Veneers or crowns	Often sooner, once the gum line has settled.	After several weeks, once gums have fully matured.

WHEN IT'S ONLY THE GUMS

LASER · NO BONE WORK

Laser Gingivectomy

If your bone is already in a healthy position, all Dr. Gandhi needs to do is remove the extra gum. The laser trims and shapes the gum line in a single, comfortable visit under local anesthetic, with little bleeding and usually no stitches.

– Quicker visit and easier recovery.
– A precise, even gum line from tooth to tooth.
– Often the first step before veneers.



Laser gingivectomy by Dr. Gandhi. Gum only, no bone work.

What to Expect

Dr. Gandhi guides you from your first consultation to your final review, so any veneers or crowns are placed on a stable, healthy gum line.

LASER GINGIVECTOMY

GUM ONLY

ABOUT 2 WEEKS

1 Consultation
Gum and bone measurements, photos, and a smile plan.

2 Laser Visit
Extra gum gently removed and contoured.

3 Review
New gum line checked before any veneers.

CROWN LENGTHENING

GUM + BONE

2 WEEKS — SEVERAL WEEKS

1 Consultation
Gum analysis, photos, and a surgical plan.

2 Surgical Visit
Gum, and bone if needed, reshaped.

3 Healing Review
Sutures out; new contour checked.

4 Final Review
Gum maturation confirmed before any restorations.

BEFORE YOUR VISIT

– Take any prescribed pre-medication as directed.

– Eat beforehand unless sedation is planned.

– Pause blood thinners only if your physician clears it.

– Do not smoke before or during the healing period.

AFTER YOUR VISIT

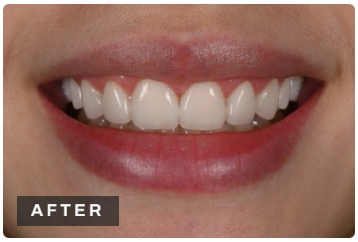
– Mild swelling and tenderness for a few days is normal.

– Use cold packs and pain relief as directed.

– Eat soft foods, avoiding the treated area.

– Rinse gently with warm salt water after 24 hours.





Crown lengthening by Dr. Gandhi, healed and veneers placed.



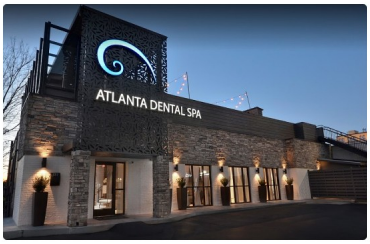
YOUR DOCTOR

Dr. Shiven Gandhi

DMD · FICOI

A cosmetic and implant dentist focused on smile makeovers, from a single tooth to a full-mouth rehabilitation, each one custom-tailored and known for natural-looking results. Gum contouring is often the first step.

shivengandhi.com · @docgandhi



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Caring for Your Gums

Healing gums are delicate for the first several days. Keeping the area clean without disturbing it is the whole task, and the rules below are what make that possible.

NO BRUSHING	SALT WATER RINSING	DIET
FIRST 5 DAYS	**FIRST WEEK**	**SOFT FOODS ONLY**

WHAT TO AVOID, AND FOR HOW LONG

AVOID	HOW LONG	WHAT TO DO INSTEAD
Brushing the treated area	5 days	Wipe the teeth clean with gauze or tissue instead, until brushing can resume.
Toothpaste	5 days	Skip it entirely while the area heals. Warm salt water does the cleaning.
Electric toothbrush	5 days	Use a soft manual brush on the other teeth, with care.
Biting into food	Until cleared	Cut everything with a fork and chew on the back teeth only.

CLEANING YOUR MOUTH

– Rinse with warm salt water throughout the first week.

– Wipe teeth clean with gauze or tissue until brushing resumes.

– Brush all other teeth with care, avoiding the treated area.

– Lightly brush the backs of the teeth to keep plaque off. No restrictions there, just be careful around any suture knots.

EATING

– Soft foods only. Avoid everything hard or crunchy.

– Do not bite into foods with your front teeth.

– Cut food with a fork and chew on the back teeth.

– If a fork cannot cut it, it is not soft enough yet.

HAD LASER GINGIVECTOMY?

Follow the same gentle routine. Laser healing is usually quicker, with no stitches to remove, and Dr. Gandhi may clear you to resume normal brushing sooner. A light white or yellow film over the treated gum in the first few days is a normal part of healing.

WHY THE RESTRICTIONS MATTER

Hard and crunchy foods, a brush head, or toothpaste against the treated area can injure healing gum tissue and disturb the new contour, the very result the procedure was done to create. Five careful days protect it.

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EMERGENCY & AFTER HOURS
CALL / TEXT (404) 418-7445
Call immediately for severe pain, swelling, bleeding, or fever.

Clear Pricing, *Before You Begin*

Your fee depends on which path your gums and bone call for, and how many teeth are included. Your exact plan and total are confirmed in writing before treatment.

GUM ONLY · LASER

Laser Gingivectomy

$540–$990

ESTIMATED RANGE

For gums that didn't step back, when the bone is already in the right place.

– Number of teeth reshaped
– How much extra gum is removed
– One visit, usually no stitches

GUM + BONE · SURGICAL

Esthetic Crown Lengthening

$1,800–$3,200

ESTIMATED RANGE

For teeth that stopped short, when the bone needs reshaping so the new gum line holds.

– Number of teeth reshaped
– Amount of bone recontouring needed
– Includes your healing and final reviews

OPTIONAL ADD-ON

IV Conscious Sedation

Relax deeply and remember little of the visit, with your comfort monitored throughout by Dr. Gandhi. Available with either procedure. A driver is required, and you'll receive fasting instructions beforehand.

+$850
PER VISIT

Estimated ranges for Dr. Gandhi's treatment. Your fee is set at your consultation once your gum and bone measurements are taken. Veneers or crowns placed afterward are quoted separately.

YOUR CONSULTATION

1
Evaluation
Dr. Gandhi looks at your gums, teeth, and smile line.

2
Measurements
Gum and bone levels charted tooth by tooth.

3
Photos
Smile photos to plan your new gum line.

4
Your plan
Laser or surgical, with your fee in writing.



READY FOR MORE SMILE, LESS GUM?

Book your consultation with *Dr. Gandhi*

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