Full Mouth Rehabilitation
one smile, one system.

When teeth are worn, broken, or patched with years of old dental work, fixing one tooth at a time rarely holds. Full mouth rehabilitation rebuilds your teeth, gums, and bite together, so they work as one system. This guide walks you through how Dr. Gandhi plans, tests, and crafts a smile that feels as good as it looks.



Dr. Shiven Gandhi, DMD, FICOI
Cosmetic & implant dentistry · Atlanta Dental Spa





TYPICAL SCOPE	TIMELINE	EVERY CASE	CRAFTED BY
24 TEETH	**STAGED OVER MONTHS**	**TEMPORARIES FIRST**	**MASTER CERAMIST**

THE GANDHI APPROACH

01
Health first

Decay, gum disease, and failing dental work are stabilized before anything cosmetic, so your new smile is built on a healthy foundation.

02
Test-drive the bite

Temporaries made from your design let you live with your new bite and smile. We refine them until chewing, speech, and looks feel right.

03
Then craft the ceramic

Our master ceramist at Nautilus Dental Lab, right here at Atlanta Dental Spa, copies your approved temporaries into final ceramic.

WHY TEETH WEAR DOWN

Worn teeth are a bite problem, *not just a cosmetic one.*

Over time, teeth wear down from grinding, clenching, acid exposure, or a bite that doesn't come together evenly. They start to look shorter, flatter, or chipped, and chewing can become uncomfortable. Many patients also notice jaw fatigue, headaches, or a smile that looks older than they feel.

Crowning or bonding one tooth at a time doesn't fix the cause. Full mouth rehabilitation restores all of the teeth together, rebuilding lost tooth height and how your upper and lower teeth meet, so your jaw joints, muscles, and smile work in harmony again.

WHAT WE LOOK FOR



1. **Short, flat, or chipped edges**
   Enamel worn away from grinding, clenching, or acid.
2. **Lost bite height**
   As teeth wear, the bite collapses and the lower face can look shorter.
3. **Failing dental work**
   Old fillings and crowns that are stained, leaking, or breaking down.
4. **Gums, joints, and muscles**
   Gum health, jaw comfort, and how your teeth meet are checked together.

DR. GANDHI'S RULE OF THUMB

"Your teeth are only intended to touch while eating. Anything more is considered Para-Function."

Clenching and grinding put far more force on teeth than chewing ever does. That is why every full mouth rehabilitation is planned around your bite, and protected with a night guard once it is done.

YOU MAY BE A GOOD CANDIDATE IF YOU HAVE

- Worn, broken, or shortened teeth
- A history of grinding or clenching
- Difficulty chewing comfortably
- Jaw pain, tightness, or fatigue
- Multiple failing restorations or old dental work

BENEFITS PATIENTS OFTEN EXPERIENCE

- Improved comfort while chewing
- Reduced jaw and muscle strain
- Stronger, more protected teeth
- A balanced, natural-looking smile
- Confidence and long-term stability

YOUR SIX VISITS

The order of the work *protects the result.*

Full mouth rehabilitation is staged over several months, and the sequence is deliberate. Disease is stabilized first, your new bite and smile are tested in temporaries, and the final ceramic is placed last. Nothing permanent is made until you have lived with it and approved it.

PLAN

1 Records

Exam, digital imaging, photos, scans, and a full bite analysis of your teeth, gums, and jaw joints.

PLAN

2 Case Review

Your design, sequence, and timeline are walked through and agreed before any treatment begins.

FOUNDATION

3 Stabilization

Decay, gum disease, and failing dental work are treated first, so the new smile is built on healthy ground.

THE MOST IMPORTANT STEP

4 Provisional Phase

Temporaries from your design set the new bite. The longest phase, sometimes with a second, lab-made PMMA set.

BUILD

5 Restorative Phase

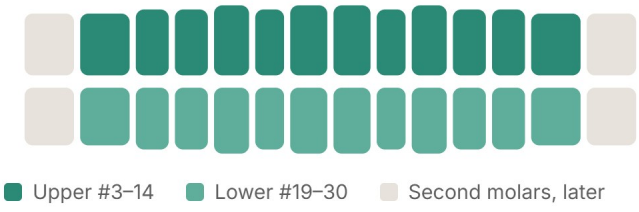
Your approved temporaries are copied into final ceramic, with crowns and any implants placed in stages.

FINISH

6 Final Delivery

Definitive restorations are fitted, the bite is refined, and a night guard is made to protect your work.

YOUR SMILE, YOUR SCOPE



24 TEETH · TYPICAL PLAN

Most plans restore every tooth from first molar to first molar, upper and lower, so the whole bite is rebuilt together. Second molars are typically restored a few months later, once the new bite has settled.

DEPENDING ON YOUR NEEDS, TREATMENT MAY INCLUDE

- Crowns and/or veneers on all teeth
- Carefully opening the bite to restore tooth height
- Strengthening and protecting worn or damaged teeth
- Implants to replace missing teeth
- Improving how upper and lower teeth come together
- Gum treatment to support a healthy foundation

Every detail is planned to work in harmony with your jaw joints, muscles, and facial structure.

THE PROVISIONAL PHASE

The most important step: *living with your new bite.*

Your temporaries are not placeholders. They are a working prototype of your final smile, made directly from your design. You chew, speak, smile, and sleep with your new bite while we watch how your teeth, muscles, and jaw joints respond. Every adjustment you and Dr. Gandhi make is carried into the final ceramic.







1 **Where we start**
Records and bite analysis become a full design and wax-up of your new smile.

2 **Test-drive the bite**
Temporaries restore tooth height and set the new bite so you can live with it day to day.

3 **Built from approval**
Only once bite, comfort, and looks are right is the final ceramic made to match.

WHAT YOUR TEMPORARIES TEST

01
Bite & comfort
How your teeth meet, and how your muscles and jaw joints settle at the new height.

02
Chewing
Real meals, real forces. High spots are smoothed with quick adjustments.

03
Speech
Longer teeth and a new bite need to feel natural when you talk.

04
Esthetics
Length, shape, and smile line, seen in your own mirror and photos.

THE LONGEST STEP, ON PURPOSE

One additional PMMA set is included in your fee.

When needed, we make a second, stronger set of lab-fabricated **PMMA temporaries** to confirm every tooth position, bite contact, and shape is functional and healthy, and to give you time to practice with your new bite.

REAL PATIENTS · REAL RESULTS

Rebuilt, *one whole smile at a time.*

CASE 01 Worn teeth and aging dental work rebuilt in ceramic, restoring bite height, length, and color.









CASE 02 Worn, chipped teeth rebuilt molar to molar, restoring the bite, tooth length, and a brighter smile.









CASE 03 28 units of ceramic to open and correct the bite, restoring length, esthetics, and function.









CASE 04 28 ceramic teeth and 3 implants to open and correct the bite, restoring length, esthetics, and function.









Actual patients of Dr. Gandhi. Individual results vary.

BEFORE YOUR VISIT

- Bring a full list of medications and conditions.
- Complete any recommended specialist consults.
- Plan for multiple visits and a flexible schedule.
- Arrange a driver on sedation or surgical days.

AFTER YOUR VISIT

- Adjusting to a new bite can take days to weeks.
- Avoid hard, sticky foods while temporaries are in.
- Some jaw and gum soreness is expected.
- Report any high spots for a quick adjustment.

This guide is general information and does not replace the instructions given to you by your provider. Wear your night guard every night to protect your new ceramic.

ALL-INCLUSIVE REHABILITATION

One fee. Every phase. *No surprises.*

ALL-INCLUSIVE FEE

$2,600

PER TOOTH

Your fee covers every step of your rehabilitation, from design through final delivery, for each tooth in your plan. That includes your initial temporaries, an additional set of lab-made PMMA temporaries if needed, and your night guard or retainers at the end of treatment.

$62,400	$72,800	$850
24 TEETH · TYPICAL PLAN	28 TEETH · WITH SECOND MOLARS	IV SEDATION · OPTIONAL

WHAT'S INCLUDED, PHASE BY PHASE

1
Records & Design

- Exam, imaging, photos, and digital scans
- Full bite analysis
- Design and wax-up of your new smile and bite

2
Initial Temporaries

- Preparation guided by your design
- Temporaries made from your wax-up
- Bite and shape adjustments as you test-drive

3
PMMA Temporaries

IF NEEDED · INCLUDED

- A second, lab-made set of stronger temporaries
- Fine-tunes tooth positions, bite, and shapes
- More time to practice with your new bite

4
Final Delivery

- Final ceramic crafted by our master ceramist
- Bite refined and polished
- Night guard or retainers made

OPTIONAL COMFORT ADD-ON

IV Conscious Sedation

$850

PER SEDATION APPOINTMENT

Longer visits are easier with IV sedation. You stay relaxed, calm, and drowsy, breathing on your own, and most patients remember little of their visit.

- Health history review and pre-sedation evaluation
- Continuous monitoring of breathing, heart rate, blood pressure, and oxygen
- A responsible adult must drive you home afterward

Fees shown are for Dr. Gandhi's full mouth rehabilitation. Second molars are typically restored a few months after the main phase. Your exact plan, number of teeth, sedation appointments, and total are confirmed in your written financial agreements.

GETTING STARTED

Two ways to begin. *One clear plan.*

OPTION 1 · OPTIONAL

Complimentary Virtual Consultation

Free · from your phone · on your time

01 Snap a few smile photos with your phone and tell us about your goals.

02 Dr. Gandhi reviews them and sends a personalized video explaining your options.

03 Watch it at home, then book your in-office visit when you are ready.

A great first step

app.smilevirtual.com/dr-shiven-gandhi

OPTION 2 · RECOMMENDED

In-Office Consultation

Treatment plan & records

01 A full evaluation of your teeth, gums, bite, and jaw joints with Dr. Gandhi.

02 Imaging, photos, digital scans, and bite analysis to start your design.

03 A conversation about your goals, comfort, and any concerns.

04 Your personalized plan, sequence, and all-inclusive fee.

THE FASTEST WAY TO GET STARTED

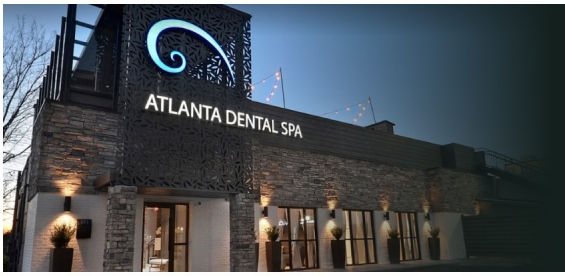
CALL/TEXT (404) 418-7445

Atlanta Dental Spa Highlands · 664 N. Highland Ave NE

YOUR PATH TO A REBUILT SMILE

OPTIONAL	STEP 1	STEP 2	STEP 3	STEP 4	STEP 5
Virtual consultation	Records & case review	Stabilization	Test-drive temporaries	Final ceramics	Night guard & care

Treatment is staged over several months. The temporary phase takes the longest, and is worth it.



NAUTILUS DENTAL LAB

Our master ceramist works under the same roof, so your approved temporaries go straight from Dr. Gandhi's chair to the bench.





MORE FROM DR. GANDHI

See more smile makeovers and learn about Dr. Gandhi's approach at **shivengandhi.com**